



# Musical Olympics

## February 2025

### **Welcome to the 11TH ANNUAL Musical Olympics!**

Inspired by Olympic Team Canada's work ethic and designed to inspire our students to push through the hardest month of the year. Students will earn ballots by completing challenges and practicing. Over the years we have seen incredible success with this program.

The BEST NEWS - we have incredible sponsorship and supporters for these Musical Olympics.

Last year we presented **over 100 prizes** and we're on track to have another **record amount of prizes** for our amazing students!

What are these prizes and who are these supporters?

Stay tuned - all information will be released by Jan 31st  
For now - read the rules to participate and GET READY!

Good Luck to All & Thank You to our Amazing Supporters!!

**#musicforlife**

## How to Play & Win

**Record your practice times & sessions** in *MyMusicStaff* **and complete weekly challenges** to **earn ballots** for prizes! We will have lots of individual **draws for prizes** once the competition is complete - last year we gave away over 100 prizes - from Blizzards to Squishmellows; Lego to a Chromebook Grand Prize!

The more you participate, the better your chances of winning - **it's that simple!** We will draw prizes in order from largest (based on dollar value) to smallest, and you can only win once. This way there will be as many winners as possible!

At the end of the month we will calculate your **Ballot Total** and send you your results. You will then get to decide how you want to place your ballots - what prizes will you aim for? All draws will take place at the beginning of March once all totals are tallied and ballots are entered. In addition to the prizes, all our top ballot students will be recognized as our **Ultimate Olympians!** Here's the ballot breakdown:

**Practice MINUTES:** every **10 minutes = 1 ballot** (108 minutes = 10 ballots)

**Practice SESSIONS:** every **1 session = 1 ballot** (5 practice session logs = 5 ballots)  
(108 minutes practiced over 5 sessions = 15 ballots!)

**CHALLENGES (10 ballots each)** - these can be completed at any time over the month of February, but must be received to the Front Desk by Feb 28th - **NO EXCEPTIONS. Challenges will be released on this site on Feb 1st.**

**Practice Minutes and Sessions MUST be recorded in MyMusicStaff to be eligible for ballots. We will pull practice minute data every Saturday in February, starting on Feb 8th, ending on March 1st. Feel free to use your Dictation Book during the week, but make sure those minutes have been entered by Friday at midnight each week.**

**See Challenges on the next page (coming soon!)**

**DO NOT LOSE THIS SHEET! DROP AT FRONT DESK WHEN COMPLETE.**

**STUDENT NAME:** \_\_\_\_\_

**CHALLENGE 1: TEACH FOR 10.** Teach someone in your home something about your instrument. You can teach them a technique (scale, fingering, ear training), a part of a song, a strumming pattern, etc. The teaching session must be a **minimum of 10 minutes in length.**

**Have the person you taught sign here when complete:**

Date: \_\_\_\_\_

Who I Taught: \_\_\_\_\_

What I Taught: \_\_\_\_\_

Adult/Witness Signature: \_\_\_\_\_

**CHALLENGE 2: PERFORM for 10.** Perform for someone not living in your home - virtual or in-person. Note: performing at the studio will not count :) Make a list of what you will perform - aim for at least 10 minutes of songs to perform. For beginners, this may mean playing several pieces several times ;)

**Have an adult/witness sign here when complete:**

Date: \_\_\_\_\_

I played (list of pieces/works):

\_\_\_\_\_

I played for (person): \_\_\_\_\_

Adult/Witness Signature: \_\_\_\_\_

**CHALLENGE 3: LISTEN FOR 10.** Create a playlist that is a minimum of 10 minutes long (typically 3 or more songs). Give the playlist a title that fits the songs in it (Sam's Chill-in Music, My Pump-Up List, Songs for the Winter Blahs). Then set time aside to do NOTHING ELSE, but listen to the list. Maybe on your way to the studio, to a game, before bed - your choice!

**Have an adult/witness sign here when complete:**

Date: \_\_\_\_\_

Name of my Playlist: \_\_\_\_\_

List two songs on the playlist:

\_\_\_\_\_

Adult/Witness Signature: \_\_\_\_\_

#### **CHALLENGE 4: MUSIC IN COLOUR**

Colour the Cover of your Joyful Sounds Dictation Notebook! When complete, find a way to make a colour copy of your work - either take a picture and print it, copy and print, etc. Submit the copy for display on our walls. Make sure your name is somewhere on the work. Don't have access to a printer? We've got copies at the front desk!

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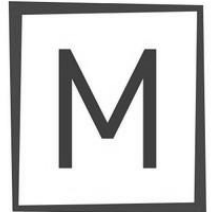
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